

<b>Risk Area</b>	Gymnastics Lessons
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<b>Assessment made by:</b>	Adam Reynolds (Director)
<b>Workplace(s):</b>	St Margaret's School
<b>Company:</b>	Springfit Ltd.
<b>Last Reviewed:</b>	10/01/2024

In the table below potential hazards are assessed for overall risk by comparing the potential danger to the likelihood of an occurrence.

For example if there is a high danger but a low chance of it happening there is low overall risk. If there is a low danger but a high chance of it happening there may be a medium to high risk level.

Potential Hazard	Potential Danger	Likelihood	Overall Risk Level	Controls	Actions Needed?
Participants or coaches injured falling off equipment	Medium	Low	Low	<p>All coaches follow a safe set up procedure.</p> <p>Head Coaches qualified to level 2 or equivalent in chosen discipline (gymnastics or trampolining)</p> <p>Assistant coaches qualified where possible with level 1 and 2 or equivalent in chosen discipline.</p> <p>Appropriate matting around equipment and landing areas</p> <p>Equipment should be matted appropriately on all sides.</p>	All stations and gymnastics groups should be suitably manned by coaches when teaching new skills.
Failure of Equipment	High	Very Low	Low	<p>Additional coach training provided regularly.</p> <p>All equipment inspected annually by an external provider.</p> <p>Checks for safe setups carried out at the start of each class.</p>	<p>Any unsafe or damaged equipment should be reported.</p> <p>Unsafe or broken equipment should not be used until repaired</p> <p>Care must be taken in setting up/down to handle equipment appropriately.</p>
Participants or coaches falling against objects and trip hazards or collisions	Low	Low	Low	<p>Any wires from speakers or airtrack pumps are kept concealed and out the way</p> <p>Equipment, activities and landing areas suitably placed in relation to the stage to avoid accidents.</p>	None
Sprains and other injuries	Medium	Medium	Medium	All Head Coaches carry additional First Aid and are First Aid trained	Vigilance by all staff in safe supporting gymnasts and safe

				<p>There is additional, basic First Aid provision in the gym cupboard and by the centre staff.</p> <p>Head Coaches plan appropriate activities.</p> <p>Head Coach tablets have electronic forms for the immediate reporting of incidents</p>	<p>set ups of equipment</p> <p>All assistant Coaches and Volunteers are made aware of lesson plans.</p>
Issues arising from existing medical conditions	Medium	Low	Low	<p>Registers contain all medical details so coaches are aware of those with conditions</p> <p>Those that carry an inhaler are known to the coaches and take appropriate breaks</p> <p>Head Coaches have formal first aid training and qualification every three years.</p> <p>At least one First Aider is present per hall, in most cases, there will be two or more on site.</p>	<p>Participants are asked about medical conditions periodically at the start of sessions. Any new conditions arising to be reported by coaches to the office and added to registers.</p> <p>Those with "exemption" conditions may not take part.</p>
Slipping on Gym floor due to wearing socks on feet.	Low	Medium	Low	Gymnasts asked to train without socks.	
General Child Protection	High	Medium	Medium	<p>All coaches over 16 are DBS checked every 3 years.</p> <p>All Head Coaches are Safeguarding trained and Safeguarding Officers for the Club</p> <p>Children are not permitted to leave class alone, unless given expressed parental permission in writing to the club</p> <p>Accurate registers are taken to ensure staff know who is in class at any time.</p>	<p>No parents are allowed into the school so coaches must walk gymnasts in/out of class/the school site.</p> <p>Springfit has a further full Child Protection and Safeguarding policy available for all staff.</p>