

## Parents' and Carers' Responsibilities

This policy was last reviewed - 07/08/2023

1. In Trampoline Classes Carers and parents who stay while their child's class is running should help with 'spotting' for safety around the trampolines. They should encourage their child to stand around the trampolines and help with 'spotting' too. They must not allow sitting on end decks or frame pads. They must prevent their child from running around, from going underneath a trampoline when it is in use and from jumping from one trampoline to another.
2. It is the policy of Springfit that all participants arrive suitably attired for the activity.
3. No eating or drinking around the trampolines or on the gym floor. Only bottles with secure lids may be brought into the hall. No cans, glass bottles or food.
4. Children and members should not leave the hall while their class is running except to go to the toilet. Only one child at a time may leave the hall for this purpose. In centres which are open to the public or where the toilet is not in the line of sight of the gym, children should be accompanied by their parent or carer, or a member of the Springfit Team.
5. Parents and carers should encourage good standards of behaviour.
6. Children and care users should be encouraged to go to the toilet before their class starts.
7. Parents and carers should not force their child to take part against their will.
8. Parents and carers should never punish or belittle a child or care user for poor performance.
9. Parents and carers should support their child's involvement in the activity and help them to enjoy it.
10. Parents and carers should never use threatening or abusive language or behaviour towards any participant or member of staff.
11. Parents and carers are expected to collect children from inside the hall or at the door. Springfit are unable to allow children to leave the building unaccompanied without prior written agreement with the Club's Manager.
12. Mobile phones are not permitted by members of the club or adults accompanying them within the gym hall.
13. Springfit encourages parents to drop off and collect children from class (rather than sit in) as much as possible in Gymnastics classes. This improves safety by avoiding distractions and aids the child's focus and concentration. Equally, it is important for the development of the child's independence and confidence. In trampolining, we ask that where possible, parents stay in order to help with 'spotting', as described in point number 1.

For initial taster classes and in the case of members who have additional needs, please discuss the option of sitting in with your Head Coach. We will aim to accommodate you where possible. We offer four "watching weeks" a year and two competition phases to provide all parents with a chance to see what happens in class and to see their child's progress.