

Risk Area	Gymnastics or Trampoline Competitions Hosted by Springfit				
	(note: this assessment does not cover external competitions held by other clubs, for these events, it is the responsibility of the host Club to conduct appropriate assessments and controls)				

Assessment made by:	Adam Reynolds (Director)				
Workplace(s):	Various (all locations to be approved by the director)				
Company:	Springfit Ltd.				
Last Reviewed:	14/12/2022				

In the table below potential hazards are assessed for overall risk by comparing the potential danger to the likeliness of an occurrence.

For example if there is a high danger but a low chance of it happening there is low overall risk. If there is a low danger but a high chance of it happening there may be a medium to high risk level.

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Potential Hazard	Potential Danger	Likeliness	Overall Risk Level	Controls	Actions Needed?	
Venue Suitability a. Ceiling height b. Access c. Equipment (provision and condition) d. General quality of space e. Size suitable for expected turn out	High	Low	Low	Adam R (the director) is the only person to approve a venue for competition use. Visits will be made to the site ahead of booking Detailed plans of the day will be made before the event takes place.		
First Aid Provision	Medium	Low	Low	Venue contacted to establish what existing provisions there are At least one additional first aid kit brought by Head Office on the day Clearly signed first aid area.	Staff briefed in advance with First Aider names Announcements made to competitors, staff, coaches and spectators at the start of each interval so they know where to find First Aid	
Fire Procedures	High	Low	Low	Venue contacted to establish what existing provisions there are Clearly signed exits.	Staff briefed in advance with Fire exits Announcements made to competitors, staff, coaches and spectators at the start of each interval so they are aware of exits and muster points	



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Child Protection and Safeguarding a. Coaches under 16 b. Competitors c. Spectators	High	Medium	Medium	All coaches under 16 should have permission from parents to attend and staff events. They should be told who their point of contact is and who is Safeguarding officer on the day Competitors are registered and brought to the events by a responsible adult. Under 16 spectators will not be allowed in without a responsible adult and will remain with that adult for the duration of the competition. All coaches over the age of 16 will have a DBS check	Staff should be briefed on safeguarding procedures as a reminder at the start of the day, at least one member of staff should carry a tablet with the appropriate recording forms for concerns. At times competitions will be busy, staff should be instructed to look out for any children who appear distressed or lost. It is good practice to make everyone aware there is help available at the first aid point.
Setting up and down of specialist equipment	Medium	Low	Low	Only trained coaches should assist in the movement, set up or set down of any specific gymnastics or trampolining equipment	
				Head Office will make sure these times are suitably staffed to avoid overburdening a few individuals	
Competitors or coaches injured falling off equipment	Medium	Low	Low	The competition will be planned according to Springfit safe set up policy. There will always be a member of staff onsite who is a qualified Head Coach Appropriate matting around equipment and landing areas	Spectators should be reminded that they should not be on the equipment (including floor mats) at any time.
Failure of Equipment	High	Very Low	Low	When held at an existing Springfit venue all equipment given an external service yearly. If a separate venue, Springfit will either ask for the most recent service records or conduct a check of equipment before use	Good practice is to check all equipment before use then again after setup is complete before the event begins
Trip Hazards	Low	Low	Low	Floor areas and areas surrounding Trampolines are kept clear and suitably matted at all times Any wires from speakers or airtrack pumps are kept concealed and out the way.	None
Sprains and other injuries relating to sporting activities	Medium	Medium	Medium	All Head Coaches attending are encouraged to be First Aid trained	Vigilance by all staff in safe supporting gymnasts and safe set



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(gymnastics and trampolining)				There is at least one First Aider on site at all times we run. There is First Aid provision available at a designated first aid point One member of staff will hold a tablet with electronic forms for the immediate reporting of incidents, these are synced and with Head Office the next day.	ups of equipment Spotters present where needed around Trampolines Coaches present at the side of gym floors and equipment for immediate assistance Announcements made to competitors, staff, coaches and spectators at the start of each interval so they know where to find First Aid
Issues arising from existing medical conditions	Medium	Low	Low	Registers contain all medical details so coaches are aware of those with conditions Those that carry an inhaler are known to the coaches and take appropriate breaks Head Coaches and Coaches have formal first aid training and qualification every three years First Aid provisions are provided by both Springfit and Oakwood Sports Centre	
Site Open to Public	Medium	Low	Low	Children are either accompanied or for toilet trips by their responsible adult (parent/guardian) Participants are to arrive dressed to compete they should not change on site Clear signposting and provision of emergency assistance A member of staff to be on the door at all times to monitor admissions	