

Risk Area	Gymnastics Lessons
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Assessment made by:	Katie Pidgeon
Workplace(s):	Forge Wood School
Employer:	N/A - Club Owner and Manager
Last Reviewed:	01/01/2022-01/01/2023

In the table below potential hazards are assessed for overall risk by comparing the potential danger to the likelihood of an occurrence.

For example if there is a high danger but a low chance of it happening there is low overall risk. If there is a low danger but a high chance of it happening there may be a medium to high risk level.

Potential Hazard	Potential Danger	Likelihood	Overall Risk Level	Controls	Actions Needed?
Participants or coaches injured falling off equipment	Medium	Medium	Medium	Making sure that all coaches are supporting safely and understand the task that they are teaching. Also making sure that the participants understand what they have to do so that they don't hurt themselves, a coach to explain.	
Failure of Equipment	Medium	Low	Low	All equipment is checked before use by a qualified coach so that it is safe to use. Also regular equipment assessments so that all equipment stays good to use.	
Participants or coaches falling against objects and trip hazards	Medium	Medium	Medium	moving all equipment that is not being used off of the floor or out of the way of the activity. Move all equipment off the mats unless being used.	
Sprains and other injuries	High	Medium	Medium	making sure that all skills are being taught according to the Springfit syllabus to reduce the risk of injury.	

				Also making sure that all equipment stations are safely set up and that the activities planned are suitable for the participants.	
Issues arising from existing medical conditions	Low	Medium	Low	Making all coaches aware of previous illnesses and injuries before an activity.	Regular communication with parents and members regarding ongoing medical conditions.
Slipping on the Gym floor due to wearing socks on feet.	High	Medium	Medium	Removing socks and shoes at the beginning of a session and no running on the hard floor.	.
Collisions	Low	Medium	Low	Being aware of your surroundings if they are playing a game make sure they are all running the same way to avoid collisions.	
General Child Protection	High	Medium	Medium	<p>Having a coach at the front door to ensure the children leave with a parent.</p> <p>Not letting parents in the hall while a class is running.</p> <p>Ask parents to tell you if someone else is picking them up.</p>	