

Risk Area	Gymnastics Lessons
Assessment made by:	Katie Pidgeon
Workplace(s):	Copthorne Parish Hub
Employer:	N/A - Club Owner and Manager
Last Reviewed:	1/01/2022-01/01/2023

In the table below potential hazards are assessed for overall risk by comparing the potential danger to the likelihood of an occurrence.

For example if there is a high danger but a low chance of it happening there is low overall risk. If there is a low danger but a high chance of it happening there may be a medium to high risk level.

Potential Hazard	Potential Danger	Likelihood	Overall Risk Level	Controls	Actions Needed?
Participants or coaches injured falling off equipment	Medium	Medium	Medium	<p>Making sure that all coaches are supporting safely and understand the task that they are teaching.</p> <p>Also making sure that the participants understand what they have to do so that they don't hurt themselves, a coach to explain.</p>	
Failure of Equipment	Medium	Low	Low	<p>All equipment is checked before use by a qualified coach so that it is safe to use.</p> <p>Also regular equipment assessments so that all equipment stays good to use.</p>	
Participants or coaches falling against objects and trip hazards	Medium	Medium	Medium	<p>moving all equipment that is not being used off of the floor or out of the way of the activity.</p> <p>Move all equipment off the mats unless being used.</p>	
Sprains and other injuries	High	Medium	Medium	<p>making sure that all rotations are being executed correctly to reduce the risk of injury. Also making sure that all rotations are safe and that the participants are suitable for the activity.</p>	

Issues arising from existing medical conditions	Low	Medium	Low	<p>making all coaches aware of previous illnesses and injuries before an activity.</p> <p>Ask the parent if they have been cleared by a doctor to join in with the activity.</p>	
Slipping on the Gym floor due to wearing socks on feet.	High	Medium	Medium	removing socks and shoes at the beginning of a session and no running on the hard floor.	.
Collisions	Low	Medium	Low	being aware of your surroundings if they are playing a game make sure they are all running the same way to avoid collisions.	
Ceiling	Low	Medium	low	Moving the equipment away from the lower ceiling.	
General Child Protection	High	Medium	Medium	<p>having a coach at the front door so that all the children leave with a parent.</p> <p>Not letting parents in the hall while a class is running.</p> <p>Ask parents to tell you if someone else is picking them up.</p>	

Risk Area	Gymnastics Lessons COVID-19
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Additional Risk Assessment Notes for Coronavirus

Potential Hazard	Potential Danger	Likelihood	Overall Risk Level	Controls	Actions Needed?
Coaches Catching COVID	medium	medium	medium	<p>If a coach has been told that they have been tested positive for COVID-19 we will shut all classes for 2 weeks and will alert all participants and coaches that were in classes since returning.</p> <p>The venue will be alerted immediately and will be kept up with the information as we receive it.</p>	<p>Face coverings encouraged in communal areas (sporting activities remain exempt)</p> <p>Lateral Flow tests taken regularly by staff</p>
Children/participants Catching COVID	medium	medium	medium	<p>If a child has been told that they have been tested positive for COVID-19 we will shut all classes for 2 weeks and will alert all participants and coaches that were in classes since returning.</p> <p>The venue will be alerted immediately and will be kept up with the information as we receive it.</p>	<p>Face coverings encouraged in communal areas (sporting activities remain exempt)</p>
Entering and leaving the hall				<p>There will be a one way system that will be put in place. So the Parent will drop the children at the Main door and then are to remain outside while the class is in progress and then will collect from the exit door which is located at the back of the building. The children will have to remove all outdoor clothing before entering the hall and then will be given one pump of antibacterial before and when they leave. If they leave the hall to use the bathroom they will have to sanitise again when they reenter the hall.</p>	
Contact with children	Medium	Medium	Medium	<p>Contact with the children will be kept to a minimum within the class, they will be given activities that require minimal physical supporting from the coaches.</p>	