

The **SPRINGFIT** Invitational

FLOOR & VAULT GYMNASTICS COMPETITION PROGRAMME

Sunday 18th November 2018

Oakwood Sports Centre, Horley

Grades 1-2 Competition commences 1:00pm

GRADES 1-5 JUDGING TARIFFS:

FLOOR ROUTINE will consist of 10 elements consisting of forward, backward and sideways moves, jumps and balances. TIME LIMIT is 1½ minutes. Music is optional. FLOOR SIZE: 7m x 8m approx (non-sprung).

Rolls and handstands can have optional entry and exit unless otherwise specified.

(e.g. straddle or tuck to handstand, front support etc.)

Marked out of 10. Comprising:

5.00 - Content (0.5 for each move)

3.00 - Execution

2.00 – Bonus – 1.0 for performing minimum of 10 specified moves,

1.0 for overall performance virtuosity (includes attitude, rhythm, confidence, variation)

Girls - Moves are to be linked using dance steps etc to make a flowing routine covering as much of the floor as possible. Boys – dance steps not necessary but moves should still be linked.

Points will be deducted for adjusting your hair or clothing.

VAULT –

One of the following to be performed on the horse/box broadways:

Squat on straight jump off Tariff 8.00

Squat through " 9.00

Straddle over " 9.00

Handspring " 10.00

Handspring half off " 11.00

Handspring full off " 12.00

Vaulting box heights:

Grades 1 to 3 (born 2011 and later) - 3 HIGH (75cm)

Grades 1 to 3 (born 2010 and earlier) and

Grades 4 to 6 (born 2011 and later) - 4 HIGH (100cm)

Grades 4 to 6 (born 2010 and earlier) - full 125cm high.

Two attempts are allowed. Highest score only is recorded.

Name	CLUB	DOB	1:00pm 1:45pm		Total
			Floor 1	Vault	
<u>Grade 1</u>	(D.O.B 2008 - 2010)				

Chloe Etheridge	SF Oakwood	2009	9.10	7.50	16.60	1st
Chloe Dean	SF Copthorne	2009	7.15	6.70	13.85	2nd
Amelia Howard	SF Copthorne	2010	6.85	6.60	13.45	3rd
Lexi McNamara	SF Oakwood	2010	6.35	6.70	13.05	
Finn Harrison	SF Jubilee	2009	6.90	6.10	13.00	
Poppy Hails	EGTC	2010	6.65	5.60	12.25	

Name	CLUB	DOB	1:00pm	1:45pm		
Grade 1	(D.O.B 2011)		Vault	Floor 2	Total	
Ozzie Dackombe	SF Copthorne	2011	7.80	8.10	15.90	1st
Melia Phillips	SF Copthorne	2011	8.20	6.80	15.00	2nd
Isla Morgan	SF Copthorne	2011	6.90	7.00	13.90	=3rd
Alexandra Eaton	SF Jubilee	2011	6.30	7.60	13.90	=3rd
Florence Bigger	SF Jubilee	2011	6.20	6.90	13.10	
Nialah Nsawah	SF Oakwood	2011	7.80	4.90	12.70	
Jessica Styles	SF Jubilee	2011	6.80	5.60	12.40	AWARD
Darcy Harrell	SF Jubilee	2011	6.30	5.45	11.75	

Grade 1	(D.O.B 2012 - 2014)		Floor 2	Vault	Total	
Poppy Bishop	SF Oakwood	2013	7.20	9.20	16.40	1st
Olivia Simms	SF Jubilee	2012	6.95	5.70	12.65	2nd
Elisah Jordan	SF Hazelwick	2012	6.65	5.90	12.55	3rd
Aimee Sheppard	SF Jubilee	2012	6.40	6.10	12.50	
Katie Vince	SF Hazelwick	2012	5.90	6.50	12.40	
Isla-Rose Kelly	SF Copthorne	2012	6.25	6.10	12.35	
Georgiana Daubney	EGTC	2012	6.50	5.60	12.10	
Isabel Houliston	SF Jubilee	2012	5.00	5.70	10.70	
Jessica Marsh-Sadler	SF Oakwood	2014	4.50	5.60	10.10	
Grace Fergusson	SF Oakwood	2014	4.90	5.00	9.90	
Aria Montgomery	EGTC	2012	0.00	0.00	0.00	

Grade 2	(D.O.B 2006 - 2008)		Floor 1	Vault	Total	
Justine Autret	EGTC	2007	9.00	7.80	16.80	1st
Ellie Blackstock	SF Jubilee	2008	7.25	7.40	14.65	2nd
Diana Trembacs	SF Oakwood	2008	7.55	6.80	14.35	3rd
Emilia Mulier	Pointers	2008	7.05	6.90	13.95	
Angelina Pelosi	EGTC	2006	7.20	5.90	13.10	
Mia Rindokas	SF Oakwood	2007	6.70	6.20	12.90	
Jake Ludwig	EGTC	2007	6.30	5.30	11.60	
Hannah Gulliver	EGTC	2008	0.00	0.00	0.00	

Grade 2	(D.O.B 2009)		Vault	Floor 2	Total	
Emmaline Griffiths	SF Oakwood	2009	7.40	7.85	15.25	1st
Daisy McCarthy	SF Jubilee	2009	7.60	7.15	14.75	2nd
Lily-Grace Carman	SF Hazelwick	2009	7.50	7.10	14.60	3rd
Katie MacDowel	EGTC	2009	7.80	6.70	14.50	
Megan Hoad	SF Copthorne	2009	6.70	6.95	13.65	
Alice Fenwick	SF Oakwood	2009	5.90	6.80	12.70	

Grade 2	(D.O.B 2010-2011)		Vault	Floor 1	Total	
Alexia Gibb	SF Copthorne	2011	7.30	9.10	16.40	1st
Isabel Ball	SF St Bede's	2010	7.50	7.85	15.35	2nd
Saskia Spencer	SF Copthorne	2010	6.40	8.10	14.50	3rd
Megan Coomber	SF Hazelwick	2011	6.90	7.55	14.45	
Livia Tracey	Pointers	2010	6.90	7.05	13.95	
Freya Woodgate	SF Jubilee	2011	6.00	7.75	13.75	
Imogen Crofts	SF Oakwood	2011	6.60	6.65	13.25	
Summer Fergusson	SF Oakwood	2011	6.80	5.90	12.70	
Ava Axe	EGTC	2010	5.70	6.35	12.05	

In categories with less than 5 competitors, there may be fewer podium placings for fairness and a minimum score of 13 must be achieved to earn a winners medal.

Full results will be made available on www.springfit.org/competitions/results following the event.

The **SPRINGFIT** Invitational

FLOOR & VAULT GYMNASTICS COMPETITION

PROGRAMME

Sunday 18th November 2018

Oakwood Sports Centre, Horley

Grades 3-6 Competition commences 3:15pm

GRADES 1-5 JUDGING TARIFFS:

FLOOR ROUTINE will consist of 10 elements consisting of forward, backward & sideways moves, jumps & balances. TIME LIMIT is 1½ minutes. Music is optional. FLOOR SIZE: 7m x 8m approx (non-sprung).

Rolls and handstands can have optional entry and exit unless otherwise specified

(e.g. straddle or tuck to handstand, front support etc.)

Marked out of 10. Comprising:

5.00 - Content (0.5 for each move)

3.00 - Execution

2.00 – Bonus – 1.0 for performing minimum of 10 specified moves,

1.0 for overall performance virtuosity (includes attitude, rhythm, confidence, variation)

GRADE 6 JUDGING TARIFFS:

FLOOR ROUTINE will consist of 15 elements consisting of forward, backward & sideways moves, jumps & balances. TIME LIMIT is 2 minutes. Music is optional. FLOOR SIZE: 7m x 8m approx (non-sprung).

Rolls and handstands can have optional entry and exit unless otherwise specified

(e.g. straddle or tuck to handstand, front support etc.)

Marked out of 15. Comprising:

7.50 - Content (0.5 for each move)

4.50 - Execution

3.00 – Bonus – 1.0 for performing minimum of 15 specified moves, 0.5 for linking 3 jumps/leaps and 0.5 for linking 3 tumbles, 1.0 for overall performance virtuosity (includes attitude, rhythm, confidence, variation)

You can repeat round-offs and backflips (they count as one of your 15 moves)

You must link 3 jumps/leaps, must link 3 tumble moves, and must do moves 1 to 5

Girls - The moves are to be linked using dance steps etc to make a flowing routine covering as much of the floor as possible. Boys – dance steps not necessary but moves should still be linked.
Points will be deducted for adjusting your hair or clothing.

VAULT –

One of the following to be performed on the horse/box broadways:

Squat on straight jump off Tariff 8.00

Squat through " 9.00

Straddle over " 9.00

Handspring " 10.00

Handspring half off " 11.00

Handspring full off " 12.00

Vaulting box heights:

Grades 1 to 3 (born 2011 and later) - 3 HIGH (75cm)

Grades 1 to 3 (born 2010 and earlier) and

Grades 4 to 6 (born 2011 and later) - 4 HIGH (100cm)

Grades 4 to 6 (born 2010 and earlier) - full 125cm high.

Two attempts are allowed. Highest score only is recorded.

Name	CLUB	DOB	3:15pm	4:15pm		
Grade 3	(D.O.B 2007 - 2008)		Floor 1	Vault	Total	
Perla Valantinaite-Kausinyte	SF Jubilee	2007	11.25	7.70	18.95	1st
Grace Chenery	EGTC	2008	10.80	8.00	18.80	2nd
Eloise Murphy	SF Oakwood	2007	10.70	7.60	18.30	3rd
Jasmine Keane	SF Oakwood	2008	10.20	7.00	17.20	
Lily Dann	Pointers	2008	9.50	6.70	16.20	
Freyja Jones	EGTC	2008	0.00	0.00	0.00	
Neive McKeganey	SF Hazelwick	2008	0.00	0.00	0.00	

Grade 3	(D.O.B 2009)		Vault	Floor 2	Total	
Ava O'Donnell	SF Copthorne	2009	8.50	8.25	16.75	1st
Lily Fitzpatrick	SF Copthorne	2009	8.20	8.05	16.25	2nd
Tahlia Wright	SF Copthorne	2009	8.00	7.70	15.70	3rd
Isobella Jordan	SF Jubilee	2009	7.70	7.70	15.40	
Jacob Layne	SF Oakwood	2009	8.10	7.05	15.15	
Darcie Waite	EGTC	2009	7.40	7.05	14.45	
Darcey Bigger	SF Jubilee	2009	7.40	6.55	13.95	
Sienna Martinez	SF Jubilee	2009	6.70	6.65	13.35	

Grade 3	(D.O.B 2010 - 2012)		Vault	Floor 1	Total	
Sophie Langley	Pointers	2010	7.70	7.80	15.50	1st
Lillie-Rae Dumper	SF Oakwood	2012	7.50	7.70	15.20	2nd
Ava Highland	SF Jubilee	2010	7.50	7.60	15.10	=3rd
Isabelle Mulier	Pointers	2010	7.70	7.40	15.10	=3rd
Jenna Van den Ijssel	EGTC	2010	7.40	7.00	14.40	
Keira Booker	Pointers	2010	7.30	6.70	14.00	
Saanvi Shetty	SF Hazelwick	2010	7.00	7.00	14.00	
Rose Selsby	Pointers	2010	6.40	7.60	14.00	
Mia Serne	SF Hazelwick	2010	7.20	6.50	13.70	
Evie Sweetman	EGTC	2010	5.70	6.45	12.15	

Name	CLUB	DOB	3:15pm	4:15pm		
Grade 4	(D.O.B 2006-2008)		Vault	Floor 1	Total	
Sophia English	SF Oakwood	2006	7.60	8.00	15.60	1st
Emily Johnstone	Pointers	2007	7.90	7.65	15.55	2nd
Erin Willson	SF Copthorne	2007	7.90	7.20	15.10	3rd
Livi Crawford-Thomas	Pointers	2008	7.80	7.15	14.95	
Megan Wickenden	SF Copthorne	2006	7.40	7.20	14.60	
Katie Adams	SF Jubilee	2007	7.10	6.75	13.85	
Abbie Freeman	SF Copthorne	2007	0.00	0.00	0.00	
Niamh Lesova	SF Oakwood	2008	0.00	0.00	0.00	

Grade 4	(D.O.B 2009 - 2010)		Floor 2	Vault	Total	
Freya Tarry	SF Jubilee	2009	7.35	7.80	15.15	1st
Hollie Prince	Pointers	2009	7.35	7.70	15.05	2nd
Sophie Buckingham	SF Copthorne	2010	7.95	7.00	14.95	3rd
Emilia Teesdale	SF Jubilee	2010	7.10	7.80	14.90	
Yasmin Fowler	EGTC	2009	7.00	7.70	14.70	
Kiera Bruce	SF Hazelwick	2009	6.85	7.50	14.35	
Jasmine Cooper	SF Jubilee	2009	7.25	6.90	14.15	
Lily Murphy	SF Oakwood	2009	7.80	6.30	14.10	
Chloe Wells	Pointers	2010	6.55	7.30	13.85	AWARD
Sophie Wells	Pointers	2010	6.55	6.50	13.05	

Grade 5			Floor 1	Vault	Total	
Chloe Forward	SF Hazelwick	2008	8.65	8.10	16.75	1st
Carmen Bulger	SF Jubilee	2008	8.30	8.30	16.60	2nd
Emily Bumstead	Pointers	2010	7.40	8.70	16.10	3rd
Cora Malone	Pointers	2006	8.05	7.70	15.75	
Sophie Day	SF Jubilee	2008	8.00	7.70	15.70	
Hollie Gaywood	Pointers	2008	7.55	7.80	15.35	
Mia Davidson	Pointers	2006	7.50	7.80	15.30	

Grade 6			Vault	Floor 2	Total	
Katie Vaughan	SF Oakwood	2004	9.80	12.05	21.85	1st
Eloise Budd	SF Hazelwick	2003	9.10	12.60	21.70	2nd
Elodie Rosenboom	SF Jubilee	2005	8.10	11.20	19.30	3rd
Lily Drinkwater	Pointers	2005	7.50	11.75	19.25	
Lyra Elsdon	SF Jubilee	2005	7.80	10.75	18.55	

Grade 6			Vault	Floor 2	Total	
Eloise Saunders	SF Oakwood	2008	8.60	11.50	20.10	1st
Emily Dobb	SF Oakwood	2009	8.00	11.60	19.60	2nd

In categories with less than 5 competitors, there may be fewer podium placings for fairness and a minimum score of 13 (16 for grade 6) must be achieved to earn a winners medal.

Full results will be made available on www.springfit.org following the event.